

+	+	+	+	+
2 month	2 month	4 month	4 month	
Cognitive	Cognitive	Cognitive	Cognitive	
				
Watches you as you move	Looks at a toy for several seconds	If hungry, opens mouth when she sees breast or bottle	Looks at his hands with interest	
+	+	+	+	+
6 month	6 month	6 month	9 month	
Cognitive	Cognitive	Cognitive	Cognitive	
				
Puts things in her mouth to explore them	Reaches to grab a toy he wants	Closes lips to show she does not want more food	Looks for objects when dropped out of sight (like his spoon or toy)	
+	+	+	+	+
9 month	12 month	12 month	15 month	
Cognitive	Cognitive	Cognitive	Cognitive	
				
Bangs 2 things together	Puts something in a container, like a block in a cup	Looks for things he sees you hide, like a toy under a blanket	Tries to use things the right way, like a phone, cup, or book	
+	+	+	+	+
15 month	18 month	18 month	24 month	
Cognitive	Cognitive	Cognitive	Cognitive	
				
Stacks at least 2 small objects, like blocks	Copies you doing chores, like sweeping with a broom	Plays with toys in a simple way, like pushing a toy car	Holds something in 1 hand while using the other hand, for example, holding a container and taking the lid off	
+	+	+	+	+

+	+	+	+	+
24 month	24 month	30 month	30 month	
Cognitive	Cognitive	Cognitive	Cognitive	
				
Tries to use switches, knobs, or buttons on a toy	Plays with >1 toy at the same time, like putting toy food on a toy plate	Uses things to pretend, like feeding a block to a doll as if it were food	Shows simple problem-solving skills, like standing on a small stool to reach something	

+	+	+	+	+
30 month	30 month	3 year	3 year	
Cognitive	Cognitive	Cognitive	Cognitive	
				
Follows 2-step instructions, for example, "Put the toy down and close the door."	Shows that he knows at least 1 color, like pointing to a red crayon when you ask, "Which one is red?"	Draws a circle when you show him how	Avoids touching hot objects, like a stove, when you warn her	

+	+	+	+	+
4 year	4 year	4 year	5 year	
Cognitive	Cognitive	Cognitive	Cognitive	
				
Names a few colors of items	Tells what comes next in a well-known story	Draws a person with 3 body parts	Counts to 10	

+	+	+	+	+
5 year	5 year	5 year	5 year	
Cognitive	Cognitive	Cognitive	Cognitive	
				
Names some numbers between 1 and 5 when you point to them	Uses words about time, like yesterday, tomorrow, morning, or night	Pays attention for 5-10 min during activities, for example, during story time or making arts and crafts (screen time does not count)	Writes some letters in her name	

+	+	+	+	+
5 year Cognitive 	2 month Language/Communication 	2 month Language/Communication 	4 month Language/Communication 	
Names some letters when you point to them	Makes sounds other than crying	Reacts to loud sounds	Makes sounds like "oooo" and "aahh" (cooing)	

+	+	+	+	+
4 month Language/Communication 	4 month Language/Communication 	6 month Language/Communication 	6 month Language/Communication 	
Makes sounds back when you talk to him	Turns head toward the sound of your voice	Takes turns making sounds with you	Blows "raspberries" (sticks tongue out and blows)	

+	+	+	+	+
6 month Language/Communication 	9 month Language/Communication 	9 month Language/Communication 	12 month Language/Communication 	
Makes squealing noises	Makes different sounds like "mamamama" and "babababa"	Lifts arms up to be picked up	Waves "bye-bye"	

+	+	+	+	+
12 month Language/Communication 	12 month Language/Communication 	15 month Language/Communication 	15 month Language/Communication 	
Calls a parent "mama" or "dada" or another special name	Understands "no" (pauses briefly or stops when you say it)	Tries to say 1 or 2 words besides "mama" or "dada", like "ba" for ball or "da" for dog	Looks at a familiar object when you name it	

+	+	+	+	+
15 month Language/Communication	15 month Language/Communication	18 month Language/Communication	18 month Language/Communication	
				
Follows directions given with both a gesture and words. For example, he gives you a toy when you hold out your hand and say, "Give me the toy."	Points to ask for something or to get help	Tries to say 3 or more words besides mama or dada	Follows 1-step directions without any gestures, like giving you the toy when you say, "Give it to me."	

+	+	+	+	+
24 month Language/Communication	24 month Language/Communication	24 month Language/Communication	24 month Language/Communication	
				
Points to things in a book when you ask, for example, "Where is the bear?"	Says at least 2 words together, like "More milk."	Points to at least 2 body parts when you ask him to show you	Uses more gestures than just waving and pointing, like blowing a kiss or nodding yes	

+	+	+	+	+
30 month Language/Communication	30 month Language/Communication	30 month Language/Communication	30 month Language/Communication	
				
Says 30-50 words	Says 2 or more words, with 1 action word, like "Doggie run."	Names things in a book when you point and ask, "What is this?"	Says words like I, me, or we	

+	+	+	+	+
3 year Language/Communication	3 year Language/Communication	3 year Language/Communication	3 year Language/Communication	
				
Talks with you in conversation using at least 2 back-and-forth exchanges	Asks who, what, where, or why questions, like "Where is mommy/daddy?"	Says what action is happening in a picture when asked, like running, eating, or playing	Says first name when asked	

+

3 year

Language/Communication



Talks well enough for others to understand, most of the time

+

4 year

Language/Communication



Says sentences with 4 or more words

+

4 year

Language/Communication



Says some words from a song, story, or nursery rhyme

+

4 year

Language/Communication



Talks about at least 1 thing that happened during his day, like "I played soccer."

+

+

4 year

Language/Communication



Answers simple questions, like "What is a coat for," or "What is a crayon for?"

+

5 year

Language/Communication



Tells a story she heard or made up with at least 2 events, like a cat stuck in a tree and a firefighter saving it

+

5 year

Language/Communication



Answers simple questions about a book or story after you read or tell it to him

+

5 year

Language/Communication



Keeps a conversation going with >3 back-and-forth exchange

+

+

5 year

Language/Communication



Uses or recognizes simple rhymes (bat-cat, ball-tall)

+

2 month

Motor



Holds head up when on tummy

+

2 month

Motor



Moves both arms and both legs

+

2 month

Motor



Opens hands briefly

+

+

4 month

Motor



Holds head steady without support when you are holding her

+

4 month

Motor



Holds a toy when you put it in his hand

+

4 month

Motor



Uses her arm to swing at toys

+

4 month

Motor



Brings hands to mouth

+

+ 4 month Motor 	+ 6 month Motor 	+ 6 month Motor 	+ 6 month Motor 	+
Pushes up onto elbows/fore-arms when on tummy	Rolls from tummy to back	Pushes up with straight arms when on tummy	Leans on hands to support himself when sitting	

+ 9 month Motor 	+ 9 month Motor 	+ 9 month Motor 	+ 9 month Motor 	+
Gets to a sitting position by herself	Sits without support	Uses fingers to "rake" food toward himself	Moves things from 1 hand to her other hand	

+ 12 month Motor 	+ 12 month Motor 	+ 12 month Motor 	+ 12 month Motor 	+
Pulls up to stand	Walks, holding onto furniture	Drinks from a cup without a lid, as you hold it	Picks things up between thumb and pointer finger, like small bits of food	

+ 15 month Motor 	+ 15 month Motor 	+ 18 month Motor 	+ 18 month Motor 	+
Takes a few steps on his own	Uses fingers to feed herself some food	Walks without holding onto anyone or anything	Scribbles	

+	+	+	+	+
---	---	---	---	---

+

18 month

Motor



Drinks from a cup without a lid and may spill sometimes

+

18 month

Motor



Feeds herself with her fingers

+

18 month

Motor



Tries to use a spoon

+

18 month

Motor



Climbs on and off a couch or chair without help

+

+

24 month

Motor



Kicks a ball

+

24 month

Motor



Runs

+

24 month

Motor



Walks (not climbs) up a few stairs with or without help

+

24 month

Motor



Eats with a spoon

+

+

30 month

Motor



Uses hands to twist things, like turning doorknobs or unscrewing lids

+

30 month

Motor



Takes some clothes off by himself, like loose pants or an open jacket

+

30 month

Motor



Jumps off the ground with both feet

+

30 month

Motor



Turns book pages, 1 at a time, when you read to her

+

+

3 year

Motor



Strings items together, like large beads or macaroni

+

3 year

Motor



Puts on some clothes by himself, like loose pants or a jacket

+

3 year

Motor



Uses a fork

+

4 year

Motor



Catches a large ball most of the time

+

+

+

+

+

+

+ 4 year Motor 	+ 4 year Motor 	+ 4 year Motor 	+ 5 year Motor 	+
Serves himself food or pours water, with adult supervision	Unbuttons some buttons	Holds crayon or pencil between fingers and thumb (not in a fist)	Buttons some buttons	

+ 5 year Motor 	+ 2 month Social-Emotional 	+ 2 month Social-Emotional 	+ 2 month Social-Emotional 	+
Hops on 1 foot	Calms down when spoken to or picked up	Looks at your face	Seems happy to see you when you walk up to her	

+ 2 month Social-Emotional 	+ 4 month Social-Emotional 	+ 4 month Social-Emotional 	+ 4 month Social-Emotional 	+
Smiles when you talk to or smile at her	Smiles on his own to get your attention	Chuckles (not yet a full laugh) when you try to make her laugh	Looks at you, moves, or makes sounds to get or keep your attention	

+ 6 month Social-Emotional 	+ 6 month Social-Emotional 	+ 6 month Social-Emotional 	+ 9 month Social-Emotional 	+
Knows familiar people	Likes to look at himself in the mirror	Laughs	Is shy, clingy, or fearful around strangers	

+	+	+	+	+
---	---	---	---	---

+	+	+	+	+
9 month	9 month	9 month	9 month	
Social-Emotional	Social-Emotional	Social-Emotional	Social-Emotional	
				
Shows several facial expressions, like happy, sad, angry, and surprised	Looks when you call his name	Reacts when you leave (looks, reaches for you, or cries)	Smiles or laughs when you play peek-a-boo	
+	+	+	+	+
12 month	15 month	15 month	15 month	
Social-Emotional	Social-Emotional	Social-Emotional	Social-Emotional	
				
Plays games with you, like pat-a-cake	Copies other children while playing, like taking toys out of a container when another child does	Shows you an object that he likes	Claps when excited	
+	+	+	+	+
15 month	15 month	18 month	18 month	
Social-Emotional	Social-Emotional	Social-Emotional	Social-Emotional	
				
Hugs stuffed doll or other toy	Shows you affection (hugs, cuddles, or kisses you)	Moves away from you, but looks to make sure you are close by	Points to show you something interesting	
+	+	+	+	+
18 month	18 month	18 month	24 month	
Social-Emotional	Social-Emotional	Social-Emotional	Social-Emotional	
				
Puts hands out for you to wash them	Looks at a few pages in a book with you	Helps you dress him by pushing arm through sleeve or lifting up foot	Notifies when others are hurt or upset, like pausing or looking sad when someone is crying	
+	+	+	+	+

+

24 month

Social-Emotional



Looks at your face to see how to react in a new situation

+

30 month

Social-Emotional



Plays next to other children and sometimes plays with them

+

30 month

Social-Emotional



Shows you what she can do by saying, "Look at me!"

+

30 month

Social-Emotional



Follows simple routines when told, like helping to pick up toys when you say, "It is clean-up time."

+

+

3 year

Social-Emotional



Calms down within 10 min after you leave her, like at child care drop off

+

3 year

Social-Emotional



Notifies other children and joins them to play

+

4 year

Social-Emotional



Pretends to be something else during play (teacher, superhero, dog)

+

4 year

Social-Emotional



Asks to go play with children if none are around, like "Can I play with Alex?"

+

+

4 year

Social-Emotional



Comforts others who are hurt or sad, like hugging a crying friend

+

4 year

Social-Emotional



Avoids danger, like not jumping from tall heights at the playground

+

4 year

Social-Emotional



Likes to be a "helper"

+

4 year

Social-Emotional



Changes behavior on the basis of where she is (place of worship, library, playground)

+

+

5 year

Social-Emotional



Follows rules or takes turns when playing games with other children

+

5 year

Social-Emotional



Sings, dances, or acts for you

+

5 year

Social-Emotional



Does simple chores at home, like matching socks or clearing the table after eating

+

+